



## Österr. Hallenmeisterschaften der Nachwuchsklasse 11.03.-13.03.2016



### Fortsetzung Bewerb 2 - 400m Lagen Herren

#### Jahrgang 2001, Pflichtzeit: 05:26,10

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 5. Umlauft, Jakob   | 2001 AUT TS Dornbirn | 05:05,66 | +28.51 | 457 |
| RT +0.70 50m: 00:31,11, 100m: 01:07,42 (00:36,31), 150m: 01:42,88 (00:35,46), 200m: 02:18,20 (00:35,32)<br>250m: 03:04,83 (00:46,63), 300m: 03:52,59 (00:47,76), 350m: 04:29,79 (00:37,20), 400m: 05:05,66 (00:35,87) |                      |          |        |     |

### Fortsetzung Bewerb 3 - 800m Freistil Damen

#### Jahrgang 2004, Pflichtzeit: 11:32,90

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 8. Röser, Hanna   | 2004 AUT TS Dornbirn | 11:10,84 | +47.51 | 376 |
| RT +0.79 50m: 00:36,24, 100m: 01:16,43 (00:40,19), 150m: 01:57,18 (00:40,75), 200m: 02:38,79 (00:41,61)<br>250m: 03:20,25 (00:41,46), 300m: 04:02,80 (00:42,55), 350m: 04:45,79 (00:42,99), 400m: 05:28,14 (00:42,35)<br>450m: 06:11,28 (00:43,14), 500m: 06:54,63 (00:43,35), 550m: 07:37,54 (00:42,91), 600m: 08:20,96 (00:43,42)<br>650m: 09:04,81 (00:43,85), 700m: 09:47,07 (00:42,26), 750m: 10:30,64 (00:43,57), 800m: 11:10,84 (00:40,20) |                      |          |        |     |
| 9. Sohm, Christina  | 2004 AUT TS Dornbirn | 11:14,73 | +51.40 | 370 |
| 50m: 00:35,59, 100m: 01:15,96 (00:40,37), 150m: 01:58,30 (00:42,34), 200m: 02:40,85 (00:42,55)<br>250m: 03:23,40 (00:42,55), 300m: 04:06,27 (00:42,87), 350m: 04:49,61 (00:43,34), 400m: 05:32,66 (00:43,05)<br>450m: 06:16,02 (00:43,36), 500m: 06:59,18 (00:43,16), 550m: 07:42,60 (00:43,42), 600m: 08:26,14 (00:43,54)<br>650m: 09:09,40 (00:43,26), 700m: 09:52,54 (00:43,14), 750m: 10:35,16 (00:42,62), 800m: 11:14,73 (00:39,57)          |                      |          |        |     |

#### Jahrgang 2003, Pflichtzeit: 10:59,00

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 4. Dona, Lara   | 2003 AUT TS Dornbirn | 10:15,40 | +18.27 | 488 |
| RT +0.84 50m: 00:33,71, 100m: 01:11,36 (00:37,65), 150m: 01:49,62 (00:38,26), 200m: 02:28,30 (00:38,68)<br>250m: 03:06,63 (00:38,33), 300m: 03:46,16 (00:39,53), 350m: 04:24,76 (00:38,60), 400m: 05:04,76 (00:40,00)<br>450m: 05:44,41 (00:39,65), 500m: 06:24,25 (00:39,84), 550m: 07:04,66 (00:40,41), 600m: 07:43,18 (00:38,52)<br>650m: 08:22,62 (00:39,44), 700m: 09:01,23 (00:38,61), 750m: 09:39,57 (00:38,34), 800m: 10:15,40 (00:35,83) |                      |          |        |     |

#### Jahrgang 2002, Pflichtzeit: 10:40,50

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 6. Hämmerle, Sarah  | 2002 AUT TS Dornbirn | 10:17,20 | +51.73 | 483 |
| RT +0.72 50m: 00:33,84, 100m: 01:12,04 (00:38,20), 150m: 01:50,91 (00:38,87), 200m: 02:29,16 (00:38,25)<br>250m: 03:08,28 (00:39,12), 300m: 03:46,79 (00:38,51), 350m: 04:25,92 (00:39,13), 400m: 05:05,88 (00:39,96)<br>450m: 05:45,51 (00:39,63), 500m: 06:24,92 (00:39,41), 550m: 07:04,66 (00:39,74), 600m: 07:44,21 (00:39,55)<br>650m: 08:23,82 (00:39,61), 700m: 09:02,78 (00:38,96), 750m: 09:40,89 (00:38,11), 800m: 10:17,20 (00:36,31) |                      |          |        |     |

### Fortsetzung Bewerb 4 - 800m Freistil Herren

#### Jahrgang 2003, Pflichtzeit: 11:03,90

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 3. Weiß, Jonas  | 2003 AUT TS Dornbirn | 09:48,47 | +15.55 | 427 |
| RT +0.78 50m: 00:32,14, 100m: 01:07,52 (00:35,38), 150m: 01:43,66 (00:36,14), 200m: 02:20,63 (00:36,97)<br>250m: 02:57,44 (00:36,81), 300m: 03:34,67 (00:37,23), 350m: 04:12,51 (00:37,84), 400m: 04:50,57 (00:38,06)<br>450m: 05:28,11 (00:37,54), 500m: 06:06,00 (00:37,89), 550m: 06:43,96 (00:37,96), 600m: 07:21,51 (00:37,55)<br>650m: 07:59,39 (00:37,88), 700m: 08:37,60 (00:38,21), 750m: 09:14,71 (00:37,11), 800m: 09:48,47 (00:33,76) |                      |          |        |     |
| 6. Halbeisen, Max   | 2003 AUT TS Dornbirn | 10:05,15 | +32.23 | 393 |
| RT +0.72 50m: 00:33,59, 100m: 01:09,97 (00:36,38), 150m: 01:47,09 (00:37,12), 200m: 02:24,48 (00:37,39)<br>250m: 03:02,28 (00:37,80), 300m: 03:41,08 (00:38,80), 350m: 04:18,60 (00:37,52), 400m: 04:55,82 (00:37,22)<br>450m: 05:33,52 (00:37,70), 500m: 06:11,30 (00:37,78), 550m: 06:49,84 (00:38,54), 600m: 07:29,93 (00:40,09)<br>650m: 08:09,44 (00:39,51), 700m: 08:45,83 (00:36,39), 750m: 09:25,87 (00:40,04), 800m: 10:05,15 (00:39,28) |                      |          |        |     |



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## Fortsetzung Bewerb 4 - 800m Freistil Herren

--- 2. Abschnitt ---

## Fortsetzung Bewerb 6 - 100m Brust Damen

### Jahrgang 2004, Pflichtzeit: 01:31,50

|     |   |      |     |             |          |        |    |     |
|-----|---|------|-----|-------------|----------|--------|----|-----|
| 7.  | Röser, Hanna                                      | 2004 | AUT | TS Dornbirn | 01:28,36 | +13.59 |    | 357 |
|     | RT +0.79 50m: 00:41,82, 100m: 01:28,36 (00:46,54) |      |     |             |          |        |    |     |
| 11. | Sohm, Christina                                   | 2004 | AUT | TS Dornbirn | 01:31,55 | +16.78 | RG | 321 |
|     | RT +0.86 50m: 00:42,50, 100m: 01:31,55 (00:49,05) |      |     |             |          |        |    |     |

### Jahrgang 2002, Pflichtzeit: 01:26,20

|    |   |      |     |             |          |        |  |     |
|----|---|------|-----|-------------|----------|--------|--|-----|
| 9. | Hämmerle, Sarah                                   | 2002 | AUT | TS Dornbirn | 01:23,63 | +08.97 |  | 421 |
|    | RT +0.73 50m: 00:39,61, 100m: 01:23,63 (00:44,02) |      |     |             |          |        |  |     |

## Fortsetzung Bewerb 8 - 200m Rücken Damen

### Jahrgang 2003, Pflichtzeit: 02:49,20

|    |   |      |     |             |          |        |  |     |
|----|---|------|-----|-------------|----------|--------|--|-----|
| 5. | Dona, Lara  | 2003 | AUT | TS Dornbirn | 02:38,85 | +13.23 |  | 431 |
|    | RT +0.73 50m: 00:37,18, 100m: 01:18,01 (00:40,83), 150m: 01:59,60 (00:41,59), 200m: 02:38,85 (00:39,25) |      |     |             |          |        |  |     |

## Fortsetzung Bewerb 9 - 200m Rücken Herren

### Jahrgang 2003, Pflichtzeit: 02:44,40

|    |   |      |     |             |          |        |  |     |
|----|---|------|-----|-------------|----------|--------|--|-----|
| 2. | Weiß, Jonas   | 2003 | AUT | TS Dornbirn | 02:28,25 | +00.02 |  | 366 |
|    | RT +0.66 50m: 00:34,11, 100m: 01:12,20 (00:38,09), 150m: 01:51,48 (00:39,28), 200m: 02:28,25 (00:36,77) |      |     |             |          |        |  |     |
| 3. | Halbeisen, Max  | 2003 | AUT | TS Dornbirn | 02:30,94 | +02.71 |  | 347 |
|    | RT +0.69 50m: 00:35,49, 100m: 01:13,50 (00:38,01), 150m: 01:52,61 (00:39,11), 200m: 02:30,94 (00:38,33) |      |     |             |          |        |  |     |

### Jahrgang 2001, Pflichtzeit: 02:33,00

|    |   |      |     |             |          |        |  |     |
|----|---|------|-----|-------------|----------|--------|--|-----|
| 4. | Umlauft, Jakob  | 2001 | AUT | TS Dornbirn | 02:17,87 | +05.86 |  | 455 |
|    | RT +0.58 50m: 00:33,48, 100m: 01:08,00 (00:34,52), 150m: 01:42,90 (00:34,90), 200m: 02:17,87 (00:34,97) |      |     |             |          |        |  |     |

## Fortsetzung Bewerb 10 - 200m Freistil Damen

### Jahrgang 2003, Pflichtzeit: 02:31,10

|    |   |      |     |             |          |        |  |     |
|----|---|------|-----|-------------|----------|--------|--|-----|
| 8. | Dona, Lara  | 2003 | AUT | TS Dornbirn | 02:24,09 | +05.78 |  | 459 |
|    | RT +0.82 50m: 00:33,01, 100m: 01:09,74 (00:36,73), 150m: 01:48,23 (00:38,49), 200m: 02:24,09 (00:35,86) |      |     |             |          |        |  |     |

### Jahrgang 2002, Pflichtzeit: 02:27,20

|     |   |      |     |             |          |        |  |     |
|-----|---|------|-----|-------------|----------|--------|--|-----|
| 13. | Hämmerle, Sarah   | 2002 | AUT | TS Dornbirn | 02:23,39 | +16.73 |  | 466 |
|     | RT +0.73 50m: 00:32,95, 100m: 01:10,23 (00:37,28), 150m: 01:48,21 (00:37,98), 200m: 02:23,39 (00:35,18) |      |     |             |          |        |  |     |



## Österr. Hallenmeisterschaften der Nachwuchsklasse 11.03.-13.03.2016



### Fortsetzung Bewerb 11 - 400m Freistil Herren

#### Jahrgang 2003, Pflichtzeit: 05:11,60

|    |   |                      |          |        |     |
|----|---|----------------------|----------|--------|-----|
| 2. | Weiß, Jonas   | 2003 AUT TS Dornbirn | 04:45,06 | +05.13 | 415 |
|    | RT +0.65 50m: 00:33,10, 100m: 01:08,70 (00:35,60), 150m: 01:45,00 (00:36,30), 200m: 02:21,52 (00:36,52)<br>250m: 02:57,92 (00:36,40), 300m: 03:34,78 (00:36,86), 350m: 04:09,24 (00:34,46), 400m: 04:45,06 (00:35,82) |                      |          |        |     |
| 4. | Halbeisen, Max  | 2003 AUT TS Dornbirn | 04:50,65 | +10.72 | 392 |
|    | RT +0.70 50m: 00:33,42, 100m: 01:09,63 (00:36,21), 150m: 01:46,33 (00:36,70), 200m: 02:23,31 (00:36,98)<br>250m: 02:59,84 (00:36,53), 300m: 03:36,70 (00:36,86), 350m: 04:14,19 (00:37,49), 400m: 04:50,65 (00:36,46) |                      |          |        |     |

#### --- 3. Abschnitt ---

### Fortsetzung Bewerb 12 - 100m Schmetterling Damen

#### Jahrgang 2004, Pflichtzeit: 01:20,00

|    |   |                      |          |        |     |
|----|---|----------------------|----------|--------|-----|
| 4. | Röser, Hanna                                      | 2004 AUT TS Dornbirn | 01:18,42 | +11.51 | 345 |
|    | RT +0.78 50m: 00:36,64, 100m: 01:18,42 (00:41,78) |                      |          |        |     |

### Fortsetzung Bewerb 14 - 200m Lagen Damen

#### Jahrgang 2003, Pflichtzeit: 02:50,80

|     |   |                      |          |        |     |
|-----|---|----------------------|----------|--------|-----|
| 11. | Dona, Lara  | 2003 AUT TS Dornbirn | 02:45,14 | +13.71 | 429 |
|     | RT +0.87 50m: 00:37,05, 100m: 01:20,53 (00:43,48), 150m: 02:08,82 (00:48,29), 200m: 02:45,14 (00:36,32) |                      |          |        |     |

#### Jahrgang 2002, Pflichtzeit: 02:47,70

|     |   |                      |          |        |     |
|-----|---|----------------------|----------|--------|-----|
| 16. | Hämmerle, Sarah   | 2002 AUT TS Dornbirn | 02:42,01 | +19.92 | 454 |
|     | RT +0.69 50m: 00:37,03, 100m: 01:21,15 (00:44,12), 150m: 02:06,12 (00:44,97), 200m: 02:42,01 (00:35,89) |                      |          |        |     |

### Fortsetzung Bewerb 15 - 200m Lagen Herren

#### Jahrgang 2003, Pflichtzeit: 02:44,40

|    |   |                      |          |        |     |
|----|---|----------------------|----------|--------|-----|
| 3. | Weiß, Jonas   | 2003 AUT TS Dornbirn | 02:30,72 | +01.73 | 389 |
|    | RT +0.66 50m: 00:31,65, 100m: 01:10,29 (00:38,64), 150m: 01:56,78 (00:46,49), 200m: 02:30,72 (00:33,94) |                      |          |        |     |

#### Jahrgang 2001, Pflichtzeit: 02:34,50

|    |   |                      |          |        |     |
|----|---|----------------------|----------|--------|-----|
| 6. | Umlauft, Jakob  | 2001 AUT TS Dornbirn | 02:21,90 | +11.65 | 466 |
|    | RT +0.71 50m: 00:30,99, 100m: 01:06,68 (00:35,69), 150m: 01:50,43 (00:43,75), 200m: 02:21,90 (00:31,47) |                      |          |        |     |

#### --- 4. Abschnitt ---



# Österr. Hallenmeisterschaften der Nachwuchsklasse

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## Fortsetzung Bewerb 18 - 100m Rücken Damen

### Jahrgang 2003, Pflichtzeit: 01:18,40

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 7. Dona, Lara                                     | 2003 AUT TS Dornbirn | 01:14,71 | +08.30 | 404 |
| RT +0.77 50m: 00:35,84, 100m: 01:14,71 (00:38,87) |                      |          |        |     |

## Fortsetzung Bewerb 19 - 100m Rücken Herren

### Jahrgang 2003, Pflichtzeit: 01:15,00

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 3. Halbeisen, Max                                 | 2003 AUT TS Dornbirn | 01:11,14 | +00.82 | 325 |
| RT +0.65 50m: 00:34,50, 100m: 01:11,14 (00:36,64) |                      |          |        |     |

## Fortsetzung Bewerb 21 - 200m Schmetterling Herren

### Jahrgang 2003, Pflichtzeit: 02:45,30

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 3. Weiß, Jonas  | 2003 AUT TS Dornbirn | 02:38,38 | +04.97 | 326 |
| RT +0.66 50m: 00:34,09, 100m: 01:13,44 (00:39,35), 150m: 01:55,53 (00:42,09), 200m: 02:38,38 (00:42,85) |                      |          |        |     |

### Jahrgang 2001, Pflichtzeit: 02:31,30

|   |                      |          |        |     |
|---|----------------------|----------|--------|-----|
| 3. Umlauft, Jakob   | 2001 AUT TS Dornbirn | 02:23,60 | +11.78 | 438 |
| RT +0.70 50m: 00:32,65, 100m: 01:10,06 (00:37,41), 150m: 01:45,90 (00:35,84), 200m: 02:23,60 (00:37,70) |                      |          |        |     |

## Fortsetzung Bewerb 22 - 400m Freistil Damen

### Jahrgang 2004, Pflichtzeit: 05:31,60

|  |                      |          |        |        |
|--|----------------------|----------|--------|--------|
| 11. Röser, Hanna   | 2004 AUT TS Dornbirn | 05:24,73 | +21.71 | 378    |
| RT +0.78 50m: 00:35,72, 100m: 01:15,54 (00:39,82), 150m: 01:57,29 (00:41,75), 200m: 02:38,69 (00:41,40)    |                      |          |        |        |
| 250m: 03:20,84 (00:42,15), 300m: 04:02,36 (00:41,52), 350m: 04:44,28 (00:41,92), 400m: 05:24,73 (00:40,45) |                      |          |        |        |
| 14. Sohm, Christina  | 2004 AUT TS Dornbirn | 05:32,80 | +29.78 | RG 351 |
| RT +0.83 50m: 00:36,31, 100m: 01:17,82 (00:41,51), 150m: 02:00,32 (00:42,50), 200m: 02:43,17 (00:42,85)    |                      |          |        |        |
| 250m: 03:26,23 (00:43,06), 300m: 04:09,32 (00:43,09), 350m: 04:52,39 (00:43,07), 400m: 05:32,80 (00:40,41) |                      |          |        |        |

### Jahrgang 2003, Pflichtzeit: 05:18,90

|  |                      |          |        |     |
|--|----------------------|----------|--------|-----|
| 4. Dona, Lara  | 2003 AUT TS Dornbirn | 04:59,63 | +08.30 | 481 |
| RT +0.86 50m: 00:33,52, 100m: 01:11,15 (00:37,63), 150m: 01:49,41 (00:38,26), 200m: 02:28,16 (00:38,75)    |                      |          |        |     |
| 250m: 03:06,93 (00:38,77), 300m: 03:46,29 (00:39,36), 350m: 04:24,40 (00:38,11), 400m: 04:59,63 (00:35,23) |                      |          |        |     |

### Jahrgang 2002, Pflichtzeit: 05:11,30

|  |                      |          |        |     |
|--|----------------------|----------|--------|-----|
| 11. Hämmerle, Sarah  | 2002 AUT TS Dornbirn | 05:02,33 | +34.60 | 469 |
| RT +0.67 50m: 00:33,59, 100m: 01:12,04 (00:38,45), 150m: 01:51,23 (00:39,19), 200m: 02:30,42 (00:39,19)    |                      |          |        |     |
| 250m: 03:09,18 (00:38,76), 300m: 03:47,80 (00:38,62), 350m: 04:26,35 (00:38,55), 400m: 05:02,33 (00:35,98) |                      |          |        |     |



## Österr. Hallenmeisterschaften der Nachwuchsklasse 11.03.-13.03.2016



### Fortsetzung Bewerb 23 - 200m Freistil Herren

#### Jahrgang 2003, Pflichtzeit: 02:26,10

|     |   |      |     |             |          |        |     |
|-----|---|------|-----|-------------|----------|--------|-----|
| 5.  | Weiß, Jonas   | 2003 | AUT | TS Dornbirn | 02:14,51 | +03.35 | 403 |
|     | RT +0.66 50m: 00:32,02, 100m: 01:06,73 (00:34,71), 150m: 01:41,39 (00:34,66), 200m: 02:14,51 (00:33,12) |      |     |             |          |        |     |
| 10. | Halbeisen, Max  | 2003 | AUT | TS Dornbirn | 02:20,55 | +09.39 | 353 |
|     | RT +0.73 50m: 00:31,45, 100m: 01:05,90 (00:34,45), 150m: 01:43,44 (00:37,54), 200m: 02:20,55 (00:37,11) |      |     |             |          |        |     |

#### Jahrgang 2001, Pflichtzeit: 02:16,50

|     |   |      |     |             |          |        |     |
|-----|---|------|-----|-------------|----------|--------|-----|
| 10. | Umlauft, Jakob  | 2001 | AUT | TS Dornbirn | 02:06,04 | +10.48 | 490 |
|     | RT +0.73 50m: 00:29,42, 100m: 01:02,06 (00:32,64), 150m: 01:34,18 (00:32,12), 200m: 02:06,04 (00:31,86) |      |     |             |          |        |     |

### --- 5. Abschnitt ---

### Fortsetzung Bewerb 24 - 200m Brust Damen

#### Jahrgang 2004, Pflichtzeit: 03:17,20

|    |   |      |     |             |          |        |     |
|----|---|------|-----|-------------|----------|--------|-----|
| 9. | Röser, Hanna  | 2004 | AUT | TS Dornbirn | 03:07,25 | +21.85 | 371 |
|    | RT +0.77 50m: 00:42,87, 100m: 01:30,87 (00:48,00), 150m: 02:19,88 (00:49,01), 200m: 03:07,25 (00:47,37) |      |     |             |          |        |     |

#### Jahrgang 2002, Pflichtzeit: 03:06,50

|     |   |      |     |             |          |        |     |
|-----|---|------|-----|-------------|----------|--------|-----|
| 10. | Hämmerle, Sarah   | 2002 | AUT | TS Dornbirn | 02:57,88 | +16.52 | 432 |
|     | RT +0.71 50m: 00:40,45, 100m: 01:26,01 (00:45,56), 150m: 02:12,57 (00:46,56), 200m: 02:57,88 (00:45,31) |      |     |             |          |        |     |

### Fortsetzung Bewerb 26 - 100m Freistil Damen

#### Jahrgang 2004, Pflichtzeit: 01:12,50

|     |   |      |     |             |          |        |     |
|-----|---|------|-----|-------------|----------|--------|-----|
| 10. | Röser, Hanna                                      | 2004 | AUT | TS Dornbirn | 01:10,76 | +10.73 | 374 |
|     | RT +0.77 50m: 00:34,05, 100m: 01:10,76 (00:36,71) |      |     |             |          |        |     |
| 14. | Sohm, Christina                                   | 2004 | AUT | TS Dornbirn | 01:12,03 | +12.00 | 355 |
|     | RT +0.82 50m: 00:34,36, 100m: 01:12,03 (00:37,67) |      |     |             |          |        |     |

### Fortsetzung Bewerb 27 - 100m Freistil Herren

#### Jahrgang 2003, Pflichtzeit: 01:06,60

|    |   |      |     |             |          |        |     |
|----|---|------|-----|-------------|----------|--------|-----|
| 7. | Halbeisen, Max                                    | 2003 | AUT | TS Dornbirn | 01:02,36 | +03.10 | 374 |
|    | RT +0.67 50m: 00:30,22, 100m: 01:02,36 (00:32,14) |      |     |             |          |        |     |

#### Jahrgang 2001, Pflichtzeit: 01:02,60

|     |   |      |     |             |          |        |     |
|-----|---|------|-----|-------------|----------|--------|-----|
| 12. | Umlauft, Jakob                                    | 2001 | AUT | TS Dornbirn | 00:58,17 | +04.91 | 461 |
|     | RT +0.69 50m: 00:28,23, 100m: 00:58,17 (00:29,94) |      |     |             |          |        |     |